



First Aid for Schools

Level 1 Certificate

Unit	Completed?	Date Completed	Teacher Signature
1. Asthma			
2. Choking (adults)			
3. Choking (Child and Infant)			
4. Communication and Casualty Care			
5. Coping in an emergency			
6. Fainting			
7. Primary Survey			
8. Recovery Position			

Asthma



- What do you already know about Asthma?

Now you have watched the PowerPoint and Video:

1. Draw below the part of your body that is affected by asthma.

2. How would you recognise someone is having an asthma attack?
3. How would you treat an asthma attack?
4. When would you call an ambulance?

Choking



- What do you already know about Choking?

Now you have watched the PowerPoint and Video:

What does choking mean?

How may a patient look when they are choking?

Demonstrate what to do if someone is choking, and where you place your hands when performing abdominal thrusts.

As the teacher, I verify that you have demonstrated what to do when someone is choking.	
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Now you have watched the PowerPoint and Video on Child and infant choking:

What do you do differently when a Child/Infant is choking?

Can you make a poster highlighting how we can recognise and treat someone when they are choking.

Communication, Casualty Care and Coping in an emergency



What do you already know about communication and casualty care?

What are the key points when coping with an emergency?

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-
-
-

When do you call an ambulance?

When you call 999 or 112 what information do you need to give?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Fainting



What do you understand about Fainting?

Now you have watched the PowerPoint and Video:

What causes people to faint?

What is the best course of action in response to someone fainting?

Can you demonstrate what to do when someone is fainting?

As the teacher, I verify that you have demonstrated what to do when someone is fainting.	
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How can you prevent yourself from fainting?

Why do eating regular meals and drinking plenty of water reduce the risk of you fainting?

Recovery Position



What do you understand about the Recovery Position?

Now you have watched the PowerPoint and Video:

Who do we put into the recovery position?

Why do we put them in the recovery position?

Step	What to do
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Primary Survey



What do you understand about a Primary Survey?

Now you have watched the PowerPoint and Video:

Before attempting first aid you should always...?

What is the primary Survey?

D

R

A

B

C

What could you ask to check if a patient is responsive?

How would you open the airway?

How do you check the casualty is breathing normally?