



First Aid for Schools

Level 2 Certificate

Unit	Completed?	Date Completed	Teacher Signature
1. Bites and Stings			
2. Minor Bleeding			
3. Bleeding and Shock			
4. Burns and Scalds			
5. Foreign Objects			
6. Low Blood Sugar			
7. Poisons			
8. Severe allergic reaction			

Bites and Stings



- What do you already know about Bites and Stings?

1. Make a list of all things that can bite or sting us:
2. What would you see if someone has been bitten/stung?
3. How do we relieve the pain/swelling?
4. What complications may occur?

Extension

Can you find out about animals and insects from other countries that can bite and sting us, and what is the treatment?

Minor Bleeding



- What do you already know about Minor Bleeding?

1. What would you class as a minor injury?
2. List anything you would need to do to protect yourself or the casualty
3. What should you do when you are treating a minor bleeding?
4. Why would the use of plasters be an issue?
5. What should you do in the event of a nose bleed?

Extension

Can you role play what you would do in the event of a nose bleed?

Burns and Scalds



(Before the session) What is the difference between a burn and a scalds?

1. What is a burn? Can you give examples?
2. What is a scald? Can you give examples?
3. What will you see?
4. What should you not do?
5. How do we know if a burn is serious?

Extension

Can you demonstrate what you would do in the event of a burn on a peer?

Foreign Objects



(Before the session) How do you think the term 'foreign objects' relates to First Aid?

What should you do if...

...there is a foreign object in the eye?	
...there is a foreign object in the ear?	
...there is a foreign object in the nose?	

What to look out for in eye injuries?

- 1.
- 2.
- 3.
- 4.
- 5.

What should you tell your patient not to do?

Bleeding and Shock



(Before the session) Can you give an example of severe bleeding?

1. What are the 3 types of severe bleeding?
2. What are the signs of shock?
3. How do we treat shock?
4. Draw below how we would treat someone with Shock

Severe bleeds

Casualty	What you will see?	What you should do?
Severe bleed		
Amputation		1- 2-
Internal bleed		

Poisoning



(Before the session) Can you name the four types of poisoning?

1. What is the definition of a Poison?

2. What are the 5 ways poison can enter the body?

3. What should you do if?

Absorbed through the skin-

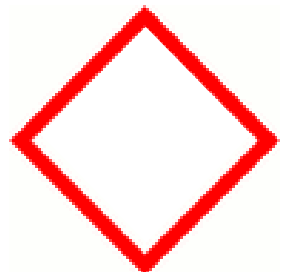
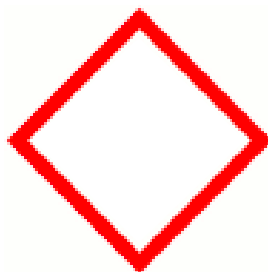
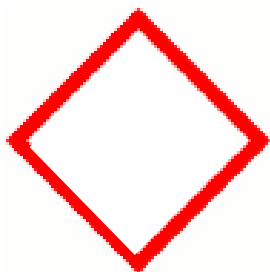
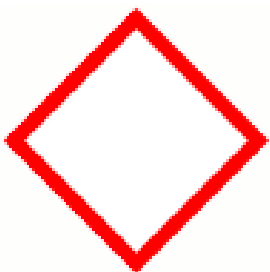
Injected through the skin-

Inhaled-

Splashed in the eye-

Swallowed-

4. Can you draw four warning labels you may see for poisons?



Severe Allergic Reaction



(Before the session) What could you see during a severe allergic reaction?

What are the common triggers of allergic reactions?

What could you see during a severe allergic reaction?

What should you do during a severe allergic reaction?

Why do people develop allergies?

How quickly can an allergic reaction develop?



Low blood sugar

What does it look like if someone has low blood sugar?

What are the two types of diabetes?

What does HYPERglucaemia mean?

What does HYPOglycaemia mean?

What do you need to look out for?

What do you need to do for..

1. high blood sugar?
2. low blood sugar?

What do you do if you are unsure whether their blood sugar is high or low?