Grange Park School

Learning for Life - Personalised Pathways for All

KS5

SIT GCSE MATHS

SIT GCSE MATHS

REVISION

YEAR 11

SIT GCSE STATISTICS

YEAR 10

SOCIAL THINKING

Focusing on understanding and interpreting the thoughts, feelings, and intentions of others, as well as one's own, within a social context.

UNDERSTANDING ME

Learning about autism through a strengths-based approach. Pupils learn about their own individual strengths and needs and how to advocate for themselves.

HEALTHY LIFESTYLES

xxxxxx

ANTI-BULLYING

xxxxxx

YEAR 9

FIRST AID

xxxxxx

UNDERSTANDING ME

Looking at different learning styles and how these are supported at Grange Park. Pupils will identify strategies which help them with their learning and how to ask for support when they need it.

PERSONAL STRENGTHS

xxxxx

INTEROCEPTION

To recognise our internal bodily states, connect these to emotions and take actions to manage these emotions. To create 'feel-good' menus.

YEAR 8

LEGO THERAPY

Supporting pupils with social interaction, turn-taking skills, sharing, collaborative problem-solving and the learning of concepts.

COMMUNICATION SKILLS

Focusing on developing an understanding of the importance of communication: the ability to effectively convey information and ideas, and to understand information received from others.

NEURODIVERSITY

To understand the term neurodiversity and to celebrate different ways of thinking.

INTEROCEPTION

To recognise our internal bodily states and connect these to emotions.

ZONES OF REGUALTION TOOLKIT

To develop understanding of the Zones of Regulation and create a personalised toolkit which they refer to throughout the day.

YEAR 7

ONLINE RELATIONSHIPS

Identifying respectful and disrespectful online behaviour.

To understand some of the methods used to encourage people to buy things online.

BEING SAFE

That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.

RESPONSIBILTY & CHILD SAFETY

Discussing some emotional changes during puberty.

To understand that other people can influence our choices.

INTEROCEPTION & RIGHTS & EQUALITY

Link feelings and triggers with their interoception.

To understand that councillors have to balance looking after local residents and the needs of the council.

Understand the need for rules and the reason for having consequences when rules are broken.

ZONES OF REGUALTION, TOOLKITS

To know what tools they can use to help themselves regulate.

Create a personalised toolkit which they refer to throughout the day.

CYCLE B

RESPECTFUL FRIENDSHIPS

To know that a growth mindset means recognising that effort and actions can help you progress.

FAMILIES & PEOPLE WHO CARE FOR ME

How to recognise if family relationships are making them feel unhappy or unsafe

That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

BUILDING CONFIDENCE & BEING UNIQUE

Pupils should know that mental wellbeing is a normal part of daily life, in the same way as physical health.

Where and how to seek support

The characteristics and mental and physical benefits of an active lifestyle

GOALS & THE FUTURE

Understand that there are a range of influences on job choices and that these can be positive or negative.

Exploring the factors which affect whether something is value for money.

ZONES OF REGUALTION TOOLKITS & INTEROCEPTION

To know what tools they can use to help themselves regulate.

Link feelings and triggers with their interoception.

Create a personalised toolkit which they refer to throughout the day.

CYCLE A

welcome

GRANGE PARK TIME LEARNING JOURNEY – GRANGE PARK SCHOOL