

| GP Menu 1 Term 1 2019-20 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|---|
| WEEK 1 | Sausages Roasted Vegetable Risotto Creamed Potatoes Wholemeal Pasta Sweetcorn Baked beans Cherry Pie & Custard | Steak & Potato Pie Vegetable Hotpot Boiled Potatoes Wholegrain Rice Broccoli Carrots Chocolate Sponge & Chocolate Sauce | Roast Turkey Stuffing & Gravy Cauliflower Cheese Roast Potatoes Sweet Potato Mash Peas Carrots Apple Crumble & Custard | Chilli Con Carne & Rice Plain Minced Beef Salmon & Broccoli Pasta Boiled Potatoes Sweetcorn Coleslaw Oat Cookies & Milk | Fish Fingers Lemon Chicken Vegetable Burger Chips Boiled Potatoes Baked Beans Peas Fruit Mousse & Banana |
| | WEEK 2 | Beef Lasagne Plain Minced Beef Vegetarian Pizza $\frac{1}{2}$ Jacket Potato Wholegrain Rice Peas & Carrots Coleslaw Rice Pudding, Sultanas & Peaches | Roast Beef with Yorkshire Pudding & Gravy Tomato & Basil Pasta Roast Potatoes Boiled Potatoes Roasted Parsnips Broccoli & Carrot Frozen Fruit Smoothie | Chicken & Vegetable Pie Chilli Bean Wrap Pilchards Creamed Potatoes Wholemeal Pasta Green Beans Sweetcorn Apple Sponge & Custard | Breaded Cod Steamed Fish Spicy Vegetable Rice & Naan Bread Chips $\frac{1}{2}$ Jacket Potato Baked Beans Coleslaw Blueberry Muffin & Milk |
| | | WEEK 3 | Macaroni Cheese Vegetarian Cottage Pie Oven baked Fish Wholegrain Rice Oven Roasted Tomatoes Green Beans Fruit Salad & Meringue | Roast Lamb Mint sauce & Gravy Vegetable Crumble Roast Potatoes Boiled Potatoes Cauliflower Courgette & carrot Banana Custard | Minced Beef Cobbler Plain Minced Beef Mushroom & Lentil Bake Sweet Potato Mash Peas Swede Coleslaw Chocolate Semolina & Pears |
| AVAILABLE DAILY: FRESH BREAD SALAD FRESH FRUIT FRUIT YOGHURTS | | | | | |