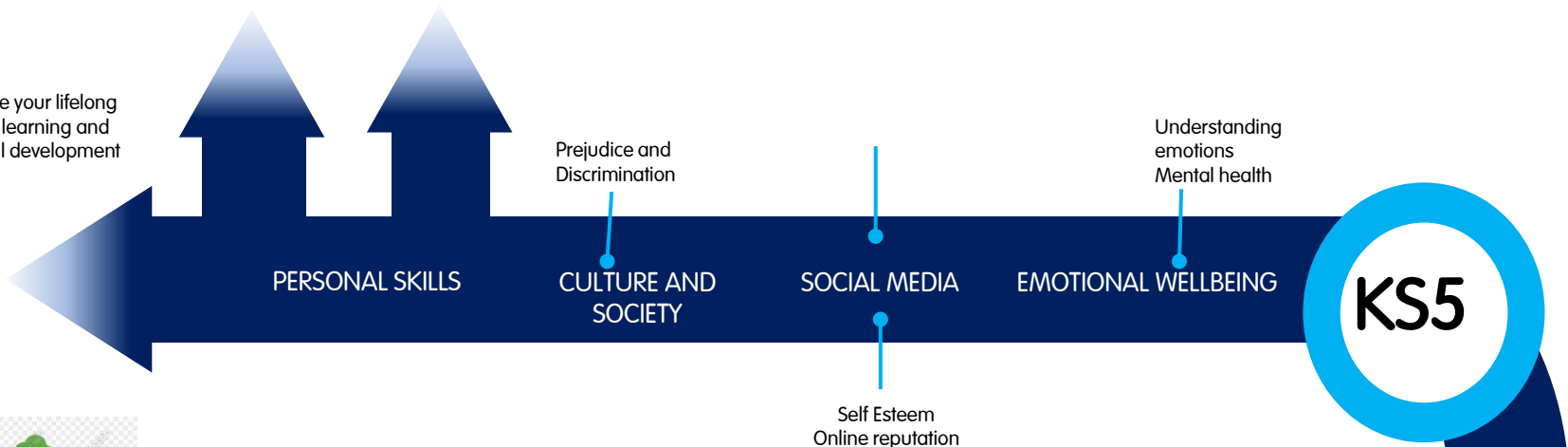




Continue your lifelong love of learning and personal development



YEAR 11

ROLE OF RELATIONSHIPS IN SOCIAL HEALTH AND WELLBEING

UNDERSTANDING EMOTIONAL WELLBEING

UNDERSTANDING SEXUAL HEALTH AND WELLBEING

Types of family
The role of the parent

Factors that influence emotional health

Mental health support

Effective communication

Awareness of healthy relationships

Social communication and awareness of emotions

IMPROVING PHYSICAL HEALTH AND WELLBEING

YEAR 10

RESPECTFUL RELATIONSHIPS

Employability and online presence

Personal social skills
Where to get help

Healthy long term relationships and potential breakdowns

Personal care
Motivational tools

Healthy lifestyles

Families and parenting, healthy relationships, conflict resolution, and relationship changes

EMPLOYABILITY SKILLS



Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia

Online safety, digital literacy, media reliability, and gambling hooks

Mental health and emotional wellbeing, including body image and coping strategies

Equality of opportunity in careers and life choices, and different types and patterns of work.

DISCRIMINATION

DIGITAL LITERACY

EMOTIONAL WELLBEING.

YEAR 9

SETTING GOALS

Learning strengths, career options and goal setting as part of the GCSE options process



COMMUNITY AND CAREERS

Diversity, prejudice, and bullying

Transition to secondary school and personal safety in and outside school, including first aid

YEAR 8

FINANCIAL DECISION MAKING

DIVERSITY

DEVELOPING SKILLS AND ASPIRATIONS

TRANSITION AND SAFETY

YEAR 7

Saving, borrowing, budgeting and making financial choices.

Careers, teamwork and enterprise skills, and raising aspirations

Embracing failure. Dealing with difficult situations. How to deal with failure.

Online safety and the dangers of sharing online.

Understanding how people contribute to society.

Understanding different job roles and wages.

HEALTH AND WELLBEING

CITIZENSHIP

ECONOMIC WELLBEING AND TRANSITION



YEAR 6

Laws and Government. Prejudice and discrimination. Freedom of Expression. Understanding how people contribute to society.

Rest, Relaxation and Sleep. Keeping safe in the sun. Balanced diet.

Risks associated with money and how to budget.

Understanding different job roles and wages.

ECONOMIC WELLBEING AND TRANSITION

CITIZENSHIP

HEALTH AND WELLBEING

YEAR 5

Risks associated with money and how to budget.

Embracing failure. Dealing with difficult situations. How to deal with failure.



welcome