

PSHE Curriculum

Long Term Plan 2023-24

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Developing goal setting, organisation skills and self-awareness	Developing empathy, compassion and communication	Developing agency, strategies to manage influence and decision making	Developing self-confidence and self-worth	Developing assertive communication, risk management and support-seeking skills	Developing agency and decision making skills
Year 8	Developing risk management skills, analytical skills and strategies to identify bias	Developing respect for beliefs, values and opinions and advocacy skills	Developing agency and strategies to manage influence and access support	Developing goal setting, motivation and self-awareness	Developing communication and negotiation skills, clarifying values and strategies to manage influence	Developing agency and strategies to manage influence and access support
Year 9	Developing goal-setting, analytical skills and decision making	Developing self-confidence, risk management and strategies to manage influence	Developing empathy, compassion and strategies to access support	Developing analytical skills and strategies to identify bias and manage influence	Developing assertive communication, clarifying values and strategies to manage influence	Developing decision making, risk management and support-seeking skills