

GP Menu 1 Term 1 2023-24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Sausages Roasted Vegetable Risotto Creamed Potatoes Wholemeal Pasta Sweetcorn Baked beans Cherry Pie & Custard	Minced Beef & Potato Pie Vegetable Chili Boiled Potatoes Wholegrain Rice Broccoli Carrots Chocolate Sponge & Chocolate Sauce	Roast Turkey Stuffing & Gravy Cauliflower Cheese Roast Potatoes Sweet Potato Mash Peas Carrots Apple Crumble & Custard	Chilli Con Carne & Rice Plain Minced Beef Salmon & Broccoli Pasta Boiled Potatoes Sweetcorn Coleslaw Oat Cookies & Milk	Fish Fingers Lemon Chicken Vegetable Burger Chips Boiled Potatoes Baked Beans Peas Fruit Mousse & Banana
WEEK 2	Chicken Tikka & Rice Plain Chicken Vegetarian Sausage Creamed Potatoes Courgette & Tomatoes Apricot Slice & Custard	Beef Lasagne Plain Minced Beef Vegetarian Pizza $\frac{1}{2}$ Jacket Potato Wholegrain Rice Peas & Carrots Coleslaw Rice Pudding, Sultanas & Peaches	Roast Gammon with Yorkshire Pudding & Gravy Tomato & Basil Pasta Roast Potatoes Boiled Potatoes Roasted Parsnips Broccoli & Carrot Frozen Fruit Smoothie	Chicken & Vegetable Pie Chilli Bean Wrap Pilchards Creamed Potatoes Wholemeal Pasta Green Beans Sweetcorn Apple Sponge & Custard	Breaded Cod Steamed Fish Vegetarian Sausage Roll Chips $\frac{1}{2}$ Jacket Potato Baked Beans Coleslaw Blueberry Muffin & Milk
WEEK 3	Chicken Hotpot Jacket Potato with Baked Beans Wholemeal Pasta Broccoli Sweetcorn Fruity Flap Jack & Custard	Macaroni Cheese Vegetarian Cottage Pie Oven baked Fish Wholegrain Rice Oven Roasted Tomatoes Green Beans Fruit Salad & Meringue	Roast Pork Apple sauce & Gravy Vegetable Crumble Roast Potatoes Boiled Potatoes Cauliflower Courgette & carrot Banana Custard	Minced Beef Cobbler Plain Minced Beef Mushroom & Lentil Bake Sweet Potato Mash Broccoli Coleslaw Chocolate Semolina & Pears	Southern Fried Chicken Wraps or Plain Chicken Falafel Wrap Chips Baked Beans Sweetcorn Ice cream
AVAILABLE DAILY: FRESH BREAD SALAD FRESH FRUIT FRUIT YOGHURTS					