

Thursday 18th June

Lesson 2- Next Steps

What do you need?

Pen and Paper

Blue Zone



Going slow

E.g. sad, sick, tired,
bored

Green Zone



Good to go

E.g. happy, calm,
focused, ok

Yellow Zone



Caution

Starting to lose control

E.g. worried, excited,
annoyed

Red Zone



Stop!

Out of control

E.g. angry, terrified,
elated

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What if?

Learning Objective: To be able to resolve any issue you may overcome when you go to college, and how can we make new friends?



Can you think of an issue you might have when you start your new college?

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What if?

Being prepared is key!

What would you do if?

You woke up late and missed your taxi.

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What if?

What would you do if?

You felt unwell?

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What if?

What would you do if?

You lost your lunch
money?

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What if?

What would you do if?

Forgot your
equipment?

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What if?

What would you do if?

You got lost?

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What if?

What would you do if?

Any other worries?

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What if?

Meeting new people

Starting a new College can bring lots of opportunities to make new friends, but meeting lots of new people can be overwhelming. So, how do you get to know people and build new friendships?

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What if?

Meeting new people

1. You will have a Grange Park area where everyone at college who is with grange park will come to at the beginning of the day and can spend time their in their breaks OR you will have a new tutor group who will welcome you all together.
2. You will have a transition into college and team building activities will happen with your new class mates and other college students.
3. You will be sitting with different people in different subjects/classes so it gives you lots of opportunities to meet new people.
4. You could join a club, after college activity or placement/work experiences to meet people with the same interests as you.

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What if?

Meeting new people

What would you say are your main interests!?

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What if?

Starting a conversation...

What are your tips?

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What if?

Starting a conversation...

My tips are...

- Smile
- Ask questions to find out what you have in common
- Listen to what other people are saying to you
- Most of all, remember to be yourself.

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What if?

Task of the
day!

What can you find out about your new college?

Have a look on the website for your college and find the answers to these questions:

1. What time does the day start and end?
2. What date do the Christmas holidays begin this year?
3. What is the name of the headteacher/principal?
4. What is the uniform policy?
5. What are the behaviour expectations?