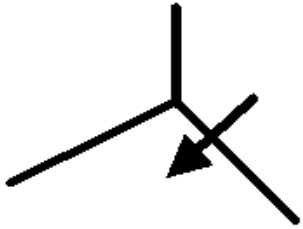


Optional PE lesson for 16th June

You will need:



A large clear space



A tennis ball or a
rolled up pair of
socks



A filled water
bottle



Appropriate sports
kit



Ask parents/carers
if unsure

If you are doing this lesson inside please use a pair of socks and make sure you aren't next to anything that is breakable.

A tennis ball can be used if you are outside.