



ASTHMA

Asthma

By the end of this session you will be able to:

- recognise an asthma attack
- respond appropriately when someone is having an asthma attack.

Asthma

<http://www.sja.org.uk/sja/first-aid-advice/illnesses-and-conditions/asthma-attack.aspx>

Asthma attack

What you may see:

- Difficulty in breathing
- Wheezing
- Difficulty speaking
- Distress and anxiety.

Asthma attack

What you should do:

- Reassure the casualty
- Help the casualty to use their inhaler
- Help the casualty into a comfortable position
- Use inhaler every two minutes if required
- Maximum 10 puffs
- 999/112 if condition worsens or no improvement
- Casualty to continue to use their inhaler if required.

Asthma inhalers



Asthma attack treatment

