

<p><u>Use your logins</u> Reading: Bug Club Maths: Timestable Rockstars Spelling: Spelling Shed Try and use these at least once each week.</p>	<p>Complete <u>30 minutes of exercise</u> per day- follow an online video or can you complete a mile in your house/garden?</p>	<p><u>BBC Bitesize</u> BBC Bitesize has lots of activities. Have a look at the Year 6 recommendations for the week. You can choose from these or choose your own from Year 5 or 6. Try to complete one activity a day.</p>
<p><u>VE day celebrations</u> We will be celebrating 65 years since VE day on Friday 8th May. Have a look at what VE day is and why it was celebrated. Perhaps look at completing a couple of activities:</p> <ul style="list-style-type: none"> - you could try making a war time recipe - create a peace display/poster that show people should be kind to each other - create a medal for a soldier 	<p><u>Virtual field trip</u> Visit a zoo from the comfort of your own home. Google a zoo that you know and have a look at what they have to offer. Examples of zoos include: Chester Zoo, Glasgow Zoo, Smithsonian Zoo. Take a look at them and see what they have to offer. Some even have fun activities as you are watching.</p>	<p><u>Art activities</u> There are lots of Youtube clips to help you to draw. Maybe you would like to create some origami? There are some arts and crafts activities that you can find and do with people in your household. One website (although there are lots around) is this: https://www.easypeasyandfun.com/crafts-for-kids/</p>
<p><u>Science Experiments</u> Blue Peter Presenter and author of "Must have book of the year" called 'Cookie' has a range of videos with fun Science experiments you can do at home and a guide to show you how to do magic tricks to impress your family! The website is: https://www.youtube.com/channel/UCDI SobQTc4IifJEU6L+22eA</p>	<p><u>Drawing/story writing</u> This could be a nice way to get ideas: Get three jars/boxes. Write or draw random prompts on bits of paper. For example, some animals in jar one, pieces of clothing in jar two and extra items (instruments, vehicles, tools, etc.) in jar three. Each day, take a prompt from each jar and create a drawing or story which includes all three items, e.g. a cat wearing sunglasses playing a saxophone. Or you can just see where your imagination takes you and draw a picture/write a story.</p>	<p><u>Practice Mindfulness and Yoga</u> Similar to Go Noodle, Imoves website also offers a range of different videos to support children with keeping active, being mindful and stretching. There are some great Mental Health and Well being resources on this website including Meditation. https://imoves.com/the-imovement</p>