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| <p><u>Use your logins</u> Reading: Bug Club Maths: Timestable Rockstars Spelling: Spelling Shed Try and use these at least once each week.</p> | <p>Complete <u>30 minutes of exercise</u> per day</p> <p>Challenge: How many star jumps / sit ups/ push ups can you do in one minute?</p> <p>Visit our website for a Youtube Link to PE with Mrs Eyre or Mrs Hughes 😊</p> | <p><u>BBC Bitesize/ Oak Online Academy</u></p> <p>There are new daily lessons including videos from teachers and celebrities!</p> <p>Each week we will recommend a few lessons we would like you to try or you can choose a lesson that interests you each day. 😊</p> | | | | | | | | | | | | | | | | |
| <p><u>Play a Game with your family.</u></p> <p>Challenge your family with a game such as Hangman, Pictionary, Boggle or 21 questions.</p> <p>You can practice your spellings and vocabulary whilst playing a game.</p> <table border="1"><tr><td>D</td><td>E</td><td>T</td><td>I</td></tr><tr><td>C</td><td>O</td><td>E</td><td>G</td></tr><tr><td>S</td><td>D</td><td>L</td><td>N</td></tr><tr><td>V</td><td>X</td><td>I</td><td>A</td></tr></table> <p><u>Boggle example</u> How many words can you find?</p> <p>I have found the word CODING here to show you.</p> | D | E | T | I | C | O | E | G | S | D | L | N | V | X | I | A | <p><u>Create a food web</u></p> <p>Explore the British Council's 'Life Below Water' Home Learning Project.</p> <ul style="list-style-type: none">• Watch a video• create a food chain• take action against pollution by creating a poster <p>https://connecting-classrooms.britishcouncil.org/resources/home-learning/life-below-water</p> | <p><u>Art Challenges</u></p> <p>Choose one of the three Art challenges- make sure you email picture of what you have made!</p> <ul style="list-style-type: none">• Build a boat that can float on water - how many little stones can it carry without sinking?• Build a parachute that can hold a boiled egg.• Make your own kite and fly it as high as you can. |
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| <p><u>Practice Mindfulness on a walk</u></p> <p>Spend some time outside or go on a walk with your family and think about your five senses.</p> <ul style="list-style-type: none">• What 5 things can you see?• What 4 things can you hear?• What 3 things can you smell?• What 2 things can you feel?• What 1 thing can you taste? <p>Can you draw a picture using things you found on your walk?</p> | <p><u>Kensuke's Kingdom</u></p> <p>Mrs Rodreigo has been reading the story Kensuke's Kingdom and uploading videos on Youtube.</p> <p>Can you watch a section each day just like story time at school? Each video has some questions to think about.</p> <p>Can you write your own diary entry based on a day you have spent at home just like Michael's Ships log.</p> | <p><u>Science Space Exploration</u></p> <p>Watch this video about the unknown planet https://www.literacyshed.com/planetunknown.html</p> <p>Choose on these activities to complete.</p> <ul style="list-style-type: none">• Create a ships log documenting the arrival on the planet and the Space Rovers' findings.• Retell the narrative in a comic strip• Create a fact file about one of the planets in our solar system. | | | | | | | | | | | | | | | | |

Any questions or ready to share your learning? Email office@grangepark.kent.sch.uk and somebody from the Stansted team will get back to you ASAP 📧