

Making porridge for breakfast

Equipment



Wooden spoon



Small saucepan



measuring cup



Bowl and spoon



Table knife



Chopping board

Ingredients



1/3 cup of
porridge oats



2/3 cup of milk



Optional toppings



Honey or maple
syrup



Cinnamon

Making porridge for breakfast

1



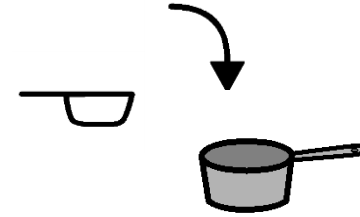
Wash your hands

2



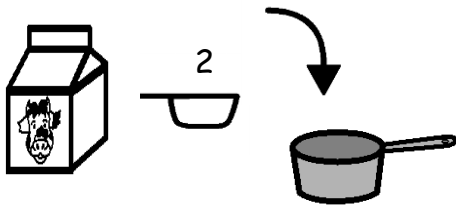
Measure out 1/3 cup of porridge oats

3



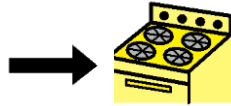
Tip the cup of oats into a saucepan

4



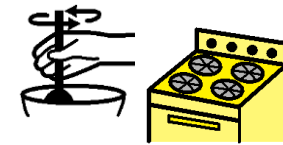
Add 2/3 cup of milk

5



Turn the hob on to a medium setting

6



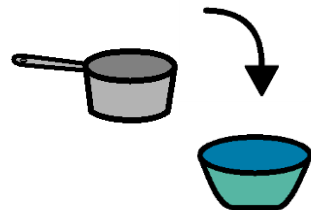
Stir the porridge and adjust the heat if it starts to bubble

7



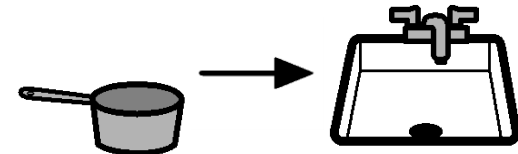
When you can see that the porridge has thickened, turn the hob off

8



Pour the porridge into a bowl

9



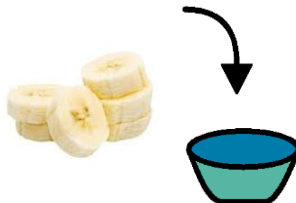
Put the dirty saucepan into the sink

10

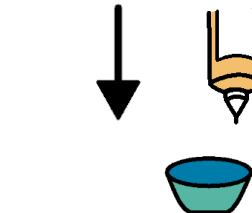


Peel a banana and chop it using the knife on the chopping board

11



Add the chopped banana to the porridge



Drizzle with your topping