

Making porridge for breakfast

	Full adult support needed	Some adult support needed	Step completed independently
Collect equipment needed			
1. Wash your hands			
2. Measure out 1/3 cup of porridge oats			
3. Tip the cup of oats into the saucepan			
4. Add 2/3 cup of milk			
5. Turn the hob on to a medium setting			
6. Stir the porridge and adjust the heat if it starts to bubble			
7. When you can see that the porridge has thickened, turn the hob off			
8. Pour the porridge into a bowl			
9. Put the saucepan into the sink			
10. Peel a banana and chop it using the knife on the chopping board			
11. Add the chopped banana to the porridge			
12. Drizzle with your topping			

What went well?

Next time, it would be even better if:
