

Washing up

	Full adult support needed	Some adult support needed	Step completed independently
Collect equipment needed			
1. Put plug in the sink and fill with warm water			
2. Add a drop of washing up liquid			
3. Swish water around to make the bubbles			
4. Put your first dirty item into the water			
5. Start cleaning it using your sponge or cloth			
6. Once that item is clean, rinse off the bubbles			
7. Place the item on the draining board			
8. Once you have cleaned all the items, then dry them off with a tea towel			
9. Put all clean, dry items away			

What went well?

Next time, it would be even better if:
