

## Changing the bed

	Full adult support needed	Some adult support needed	Step completed independently
Collect equipment needed			
1. Take off the dirty sheets			
2. Put a clean sheet on the mattress, making sure all the corners are tucked around the mattress			
3. Put a clean pillow case on the pillow			
4. Put on a clean duvet cover by matching up the ends with the duvet			
5. When the cover is on the duvet, shake the duvet			
6. Lay the duvet cover on top of the bed			
7. Fasten buttons on the duvet cover			
8. Tuck in the ends and sides of the sheet under the mattress			

What went well?

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Next time, it would be even better if:

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