

Making a cup of tea

	Full adult support needed	Some adult support needed	Step completed independently
1. Collect all equipment needed			
2. Fill the kettle with water			
3. Put a tea bag in your mug			
4. Wait for the kettle to boil			
5. Pour the boiled water in to the mug, to about 2cm below the top of the mug			
6. Stir the teabag in the water until it turns dark brown			
7. Spoon the teabag out, pressing it against the inside of the mug to squeeze out the water			
8. Add milk and stir			
9. If you want to, add sugar and stir			
10. Tidy the equipment away			

What went well?

Next time, it would be even better if:
